



# ASTHMA IN SCHOOLS 101

Compiled by the National School Boards Association's School Health Programs to provide a foundation for initiating further research if necessary. It includes excerpts from publications, articles, and more from the NSBA School Health Resource Database as well as bibliographic information, additional resources, and websites:

## BACKGROUND

Code # Document

- 6825** [\*The State of Childhood Asthma, United States, 1980-2005\*](#), Centers for Disease Control and Prevention (CDC), 2006
- 50061** [\*Asthma & Children Fact Sheet\*](#), American Lung Association (ALA), 2010
- 12053** [\*How Does Indoor Air Quality Impact Student Health and Academic Performance?\*](#), United States Environmental Protection Agency (EPA), 2010
- 100067** [\*A National Asthma Public Policy Agenda\*](#), ALA, 2009

## PROGRAM GUIDANCE RESOURCES AND TOOLS

- 6595** [\*Strategies for Addressing Asthma Within a Coordinated School Health Program\*](#), CDC, 2006
- 6826** [\*Journal of School Health: Managing Asthma in School – What Have We Learned?\*](#), American School Health Association (ASHA), 2006
- 100021** [\*Initiating Change: Creating an Asthma-Friendly School\*](#), CDC, 2008
- 11393** [\*Powerful Practices: A Checklist for School Districts Addressing the Needs of Students with Asthma\*](#), American Association of School Administrators (AASA), 2005
- 50059** [\*Asthma and Physical Activity: An AASA and NSBA Resource Sheet\*](#), National School Boards Association (NSBA), 2009
- 50060** [\*Childhood Asthma and Environmental Tobacco Smoke \(ETS\): An AASA and NSBA Resource Sheet\*](#), NSBA, 2009
- 50058** [\*The Link Between Asthma and Exhaust from Idling: An AASA and NSBA Resource Sheet\*](#), NSBA, 2009
- 3334** [\*Student Asthma Action Card\*](#), Asthma and Allergy Foundation of America, 2000
- 100030** [\*How Asthma-Friendly is Your School\*](#), National Heart, Lung and Blood Institute, 2008
- 10159** [\*IAQ Tools for Schools: Managing Asthma in the School Environment\*](#), EPA, 2008

## POLICY DEVELOPMENT TOOLS AND SAMPLE POLICIES

- 5405** [\*Fit, Healthy, and Ready to Learn, Chapter H: Policies on Asthma, School Health Services, and Healthy Environments\*](#), National Association of State Boards of Education, 2005
- 100031** [\*Asthma Management District Policies/Regulations Check List\*](#), NSBA, 2009
- 100077** [\*Policy: Asthma Management in the Schools\*](#), California School Boards Association, 2008
- 5417** [\*Policy on the Management of Asthma in Schools\*](#), Michigan Department of Education, 2005

## RESOURCES AND LINKS

[Asthma Internet Resources List](#)

*If you would like additional information, please contact a member of the school health staff at (703) 838-6722 or by e-mail at [schoolhealth@nsba.org](mailto:schoolhealth@nsba.org) or visit our website at [www.nsba.org/schoolhealth](http://www.nsba.org/schoolhealth).*

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