



ASTHMA IN SCHOOLS 101

Compiled by the National School Boards Association's School Health Programs to provide a foundation for initiating further research if necessary. It includes excerpts from publications, articles, and more from the NSBA School Health Resource Database as well as bibliographic information, additional resources, and websites:

BACKGROUND

Code # Document

- 6825** [*The State of Childhood Asthma, United States, 1980-2005*](#), Centers for Disease Control and Prevention (CDC), 2006
- 50061** [*Childhood Asthma Overview*](#), American Lung Association (ALA), 2008
- 12053** [*Indoor Air Quality and Student Performance*](#), United States Environmental Protection Agency (EPA), 2003
- 4153** [*Addressing Asthma in Schools*](#), CDC, 2004

PROGRAM GUIDANCE RESOURCES AND TOOLS

- 6595** [*Strategies for Addressing Asthma Within a Coordinated School Health Program*](#), CDC, 2006
- 6826** [*Journal of School Health: Managing Asthma in School – What Have We Learned?*](#), American School Health Association (ASHA), 2006
- 100021** [*Initiating Change: Creating an Asthma-Friendly School*](#), CDC, 2008
- 11393** [*Powerful Practices: A Checklist for School Districts Addressing the Needs of Students with Asthma*](#), American Association of School Administrators (AASA), 2005
- 50059** [*Asthma and Physical Activity: An AASA and NSBA Resource Sheet*](#), National School Boards Association (NSBA), 2009
- 50060** [*Childhood Asthma and Environmental Tobacco Smoke \(ETS\): An AASA and NSBA Resource Sheet*](#), NSBA, 2009
- 50058** [*The Link Between Asthma and Exhaust from Idling: An AASA and NSBA Resource Sheet*](#), NSBA, 2009
- 3334** [*Student Asthma Action Card*](#), Asthma and Allergy Foundation of America, 2000
- 9247** [*Asthma Wellness: Keeping Children with Asthma in School and Learning*](#), AASA, 2003
- 100030** [*How Asthma-Friendly is Your School*](#), National Heart, Lung and Blood Institute, 2008
- 10159** [*IAQ Tools for Schools: Managing Asthma in the School Environment*](#), EPA, 2008

POLICY DEVELOPMENT TOOLS AND SAMPLE POLICIES

- 5405** [*Fit, Healthy, and Ready to Learn, Chapter H: Policies on Asthma, School Health Services, and Healthy Environments*](#), National Association of State Boards of Education, 2005
- 100031** [*Asthma Management District Policies/Regulations Check List*](#), NSBA, 2009
- 5421** [*Sample Policy on the Possession/Use of Asthma Inhalers*](#), Pennsylvania School Boards Association, 2004
- 5417** [*Policy on the Management of Asthma in Schools*](#), Michigan Department of Education, 2005

RESOURCES AND LINKS

[Asthma Internet Resources List](#)

If you would like additional information, please contact a member of the school health staff at (703) 838-6722 or by e-mail at schoolhealth@nsba.org or visit our website at www.nsba.org/schoolhealth.

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