



# FOOD ALLERGY AND FOOD SAFETY 101

Compiled by the National School Boards Association's School Health Programs to provide a foundation for initiating further research if necessary. It includes excerpts from publications, articles, and more from the NSBA School Health Resource Database as well as bibliographic information, additional resources, and websites:

## **BACKGROUND**

[\*Food Allergy Among U.S. Children: Trends in Prevalence and Hospitalizations\*](#), Centers for Disease Control and Prevention, (CDC), 2008

[\*Food Safety from CDC's SHPPS 2006\*](#), CDC, 2007

[\*Foodborne Illness \(Frequently Asked Questions\)\*](#), CDC, 2005

[\*Food Allergies: What You Need to Know\*](#), U.S. Food and Drug Administration, 2010

## **PROGRAM GUIDANCE AND TOOLS**

[\*Safe at School and Ready to Learn: A Comprehensive Policy Guide for Protecting Students with Life-Threatening Food Allergies\*](#), National School Boards Association (NSBA), 2011

[\*Eating Safely at School\*](#), NSBA, 2008

[\*Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles\*](#), United States Department of Agriculture (USDA), 2005

[\*The Food-Safe Schools Action Guide\*](#), Department of Health and Human Services (DHHS), CDC, and the National Coalition of Food-Safe Schools (NCFS), 2005

[\*Addressing Food Allergies\*](#), District Administration, 2008

[\*School Guidelines For Managing Students with Food Allergies\*](#), Food Allergy & Anaphylaxis Network (FAAN), 2002

[\*Management of Food Allergies in Schools: A Perspective for Allergists\*](#), Journal of Allergy and Clinical Immunology, 2009

[\*Food Allergy Action Plan\*](#), FAAN, 2007

## **POLICIES**

[\*Food Safety Policy\*](#), University of Sussex, 2006

[\*Food and Nutrition Procedures\*](#), Miami-Dade County Public Schools, 2010

[\*Managing Life Threatening Food Allergies in Schools\*](#), Massachusetts Department of Education, 2002

[\*Cambridge Public Schools: Life Threatening Food Allergy Administrative Procedures and Guidelines\*](#), Cambridge School Committee, 2009

## **RESOURCES AND LINKS**

[Food Allergy and Food Safety Internet Resources List](#)

*If you would like additional information, please contact a member of the school health staff at (703) 838-6722 or by e-mail at [schoolhealth@nsba.org](mailto:schoolhealth@nsba.org) or visit our website at [www.nsba.org/schoolhealth](http://www.nsba.org/schoolhealth).*

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