



# COORDINATED SCHOOL HEALTH 101

This packet was compiled by the National School Boards Association's School Health Programs to provide school policy makers and other school stakeholders with a foundation for initiating further research, if necessary, on the policy and practice issues surrounding coordinated school health. It includes excerpts from publications, articles, and more from the NSBA School Health Resource Database as well as bibliographic information, additional resources, and websites.

## **BACKGROUND**

[\*The Healthy Approach\*](#), National School Boards Association (NSBA), 2007

[\*Healthy Schools, Healthy Kids\*](#), NSBA, 2003

[\*Coordinated School Health Program\*](#), Centers for Disease Control and Prevention (CDC), 2008

[\*Overview – School Health Policies and Programs Study, 2006\*](#), CDC, 2007

[\*Fact Sheet: School Health Coordination from CDC's SHHPS 2006\*](#), CDC, 2009

[\*Education Reform and the Goals of the Modern School Health Programs\*](#), The State Education Standard, National Association of State Boards of Education (NASBE), 2002

[\*Coordinated School Health and Education Reform: What Administrators Need to See\*](#), Pat Cooper, Ed.D., 2004

[\*Coordinated School Health Programs and Academic Achievement: A Systematic Review of the Literature\*](#), American School Health Association (ASHA), 2007

## **PROGRAM GUIDANCE AND POLICY DEVELOPMENT TOOLS**

[\*State of Maine Guidelines for Coordinating School Health Programs\*](#), Maine Department of Education, 2010

[\*Guidelines for a Coordinated School Approach to School Health: Addressing the Physical, Social, and Emotional Health Needs of the School Community\*](#), Connecticut State Department of Education, 2007

[\*Effective School Health Advisory Councils: Moving from Policy to Action\*](#), Public Schools of North Carolina, 2005

[\*Promoting Healthy Youth, Schools, and Communities: A Guide to Community-School Health Advisory Councils\*](#), Iowa Department of Public Health and Department of Education, 2003

[\*Fit, Healthy, and Ready to Learn: A School Health Policy Guide\*](#), NASBE, 2000 (Requires purchase)

[\*Tennessee Coordinated School Health Report 2007: Executive Summary\*](#), Tennessee Department of Education, 2007

[\*Connecticut State Board of Education Position Statement on a Coordinated Approach to School Health\*](#), Connecticut State Board of Education, 2009

## **POLICIES**

[\*A CDC Review of School Laws and Policies Concerning Child and Adolescent Health\*](#), ASHA, 2008

[\*State Board of Education Approved Coordinated School Health and Safety Policies\*](#), Michigan Department of Education, 2005

[\*Policy for Coordinated School Health\*](#), Nebraska Department of Education, 2010

## **RESOURCES AND LINKS**

[Coordinated School Health Internet Resource List](#)

*If you would like additional information, please contact a member of the school health staff at (703) 838-6722 or by e-mail at [schoolhealth@nsba.org](mailto:schoolhealth@nsba.org) or visit our website at [www.nsba.org/schoolhealth](http://www.nsba.org/schoolhealth).*

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